



Tania Ellerbe-Turner, “TANIA T.” JOURNEY

Ms. Tania Ellerbe-Turner, better known as “Tania T.” last year’s host for the 2023 GALA and one of our former honorees; at our first GALA in 2021 she was recognized as a 3-year Breast Cancer Survivor.

Tania has mastered the service of Re-discover, Rebranding and Regaining her Energy and Taking back her life. “So now as a **certified Life Strategist and Empowerment coach** herself, she believes in the importance of nurturing your MIND, BODY, and SOUL to reclaim your voice. She assists her clients in realizing their worth and power by encouraging reflection and truth to properly Heal. The goal is radiating **VITALITY** with every step!

Tania is the mother of two thriving young adults (Faith, 24, and Chandler, 21). She is also a seasoned corporate professional, currently a Pharmaceutical National Sales Director who is adept at building winning teams, creating safe environments for people to thrive, and producing optimal performance. She’s a six-year Breast Cancer Survivor, **Cancer Advocate** and **Life Strategy/Empowerment Coach**, who is dedicated to enhancing the PINK community’s experiences. Additionally, Tania also excels on **stage as a HOST/MC**, experience hosting diverse events from corporate conferences to fundraisers. Her connection with Cancer celebrants is unmatched, extending beyond the spotlight.

Although Tania’s cancer journey includes some heartbreak, at the same time her life is full of the surprising blessings cancer actually brought her. “Cancer changed me -- it made me realize, how I want to be treated.” By sharing my cancer journey. I hope to inspire others to treat overall wellness as a preventive measure; to advocate for early prevention; and to encourage and support Cancer services in their own communities. Because of her family history (mother died from breast cancer at 23 years old), She always hesitated to celebrate milestone birthdays, choosing instead to wait until about the third year into her thirties and forties to mark the new decade.

So when she was 50, her OB/GYN noticed a lump in her underarm, “I felt the full force of it. I had to advocate for myself because diagnostic mammograms didn’t find anything. Finally, an ultrasound confirmed malignancy in my left breast”; A lump led to Tania’s bilateral mastectomy with reconstruction due to her family history. This is when she was introduced to the importance of Life Strategies therapy coaching sessions and through this, she has learned humility, resilience, and courage.

Tania is aware of the healing that came with taking her power back, revealing blessings after struggle. “It is okay to ask for -- and accept -- help. It is okay to put yourself first. It sounds surprising, but what this journey has given me and my kids, after experiencing several low points It’s a gift. We experience more laughter, quality time and less focus on the small stuff. We have a Bond that can never be broken. We are bigger, better than we were before.”

